



CASINO GROUP'S HEALTH & NUTRITION POLICY



MIEUX
CONSOMMER
MIEUX
MANGER | PRODUIRE

GRUPE
Casino
NOURRIR UN MONDE
DE DIVERSITÉ



CASINO GROUP'S HEALTH & NUTRITION POLICY

The Group's Corporate, Social and Environmental Policy aims to propose responsible modes of consumption, and improve the sustainability of its business model by supporting the trust of its main stakeholders with whom it maintains constant dialogue.



STAKES

Diet plays an important role in our health. The links between diet and the prevention or the development of certain illnesses, such as heart disease or cancer, are now scientifically established

A public health issue

In France, approximately half of the adult population and 17% of children are overweight or obese¹. Additionally, an estimated 2 million people are suffering from undernourishment in the world.

Guidelines on diet and physical activity have been defined and circulated by the public authorities since the implementation of the French National Nutrition and Health Programme (PNNS) in 2001. The PNNS is a public health plan aimed at improving the population's health by addressing one of its key components: nutrition defined as diet and physical activity.

The 4th version of the French National Nutrition and Health Programme² (2019 – 2023) reveals 10 flagship measures, some of which are directly related to product composition.

These include:

- increasing fibre,
- reducing the amount of salt, sugar and fat in everyday foods,
- promoting and developing the Nutri-Score.

A transparency issue

Furthermore, consumers are becoming more and more aware of the link between their diet and its consequences on their health and the environment. They demand greater transparency on the composition, origins and nutritional values of their food.

According to a study³, 64% of the people interviewed said they followed a diet limiting or eliminating the consumption of certain foods or ingredients.

Moreover, 70% of consumers worldwide state they voluntarily make diet choices to avoid health risks such as obesity, diabetes, high cholesterol or hypertension.



Conscious of these issues and of its role as a responsible retailer, Casino Group has developed a product policy combining safety, flavour, health, nutritional balance and respect for the environment.

1. Health study on environment, biomonitoring, physical activity and nutrition (Esteban), 2014 - 2016. Nutrition Section. Corpulence and national individual study of food consumption Chapter 3 (INCA 3) 2017

2. https://solidarites-sante.gouv.fr/IMG/pdf/pnns4_2019-2023.pdf

3. Nielsen, Global ingredients and dining out trends. Study realised in 2016 with 30,000 consumers in 63 countries.



A STAKEHOLDER COMMITTED TO BETTER NUTRITION

Casino Group's corporate baseline "nourishing a world of diversity" expresses its endeavour to offer the greatest number of quality products so that its customers can be more responsible consumers.

Implemented in 2003, the Group's Health & Nutrition initiative is backed by the experience and know-how acquired by the Group since 1901, when the first Casino private label was created.

2003

First **works to reduce salt levels in bread** (products containing the most salt).

2006

First **national in-store nutrition awareness campaign**.

2010

Creation of a **Health & Nutrition committee** which meets 4 times a year to study data, scientific trends and consumer expectations in relation to health issues.

This committee draws up guidelines and accompanies the Group in France in implementing specific private label product ranges such as poultry that is raised without antibiotics, but also on issues such as controversial substances.

The banners quality and brand departments are involved in these Health committees.

2005

First **nutritional improvement** of Casino brand products.

2008

Implementation of a new **comprehensive nutritional label and the signing of a charter encouraging voluntary commitments to nutritional progress** with the French Ministry of Health as part of the French National Nutrition and Health Programme (PNNS).

Enforcement of this charter in France has led to **the improvement of more than 2,000 recipes** and the integration of specific nutritional requirements into the specifications of private-label food products.

2019

The Casino group is committed to deploying the nutriscore on its Casino - Franprix - Monoprix branded products.



CASINO GROUP'S COMMITMENTS AND ACTION PLANS

For its private labels the Group is committed to:

- 1.** IMPROVING THE NUTRITIONAL PROFILE OF ITS PRODUCTS
- 2.** BANNING CONTROVERSIAL SUBSTANCES
- 3.** DEVELOPING PRODUCT RANGES THAT MEET SPECIFIC NUTRITIONAL NEEDS: BABY FOOD, GLUTEN INTOLERANCE, SUGAR-FREE
- 4.** PROMOTING AND DEVELOPING THE OFFERING OF ORGANIC PRODUCTS
- 5.** ENCOURAGING THE CONSUMPTION OF PLANT-BASED PROTEINS FOR A MORE BALANCED DIET
- 6.** SUPPORTING CLEARER NUTRITIONAL LABELLING FOR BETTER CONSUMER INFORMATION
- 7.** RAISING EMPLOYEE AWARENESS ON NUTRITION

IMPROVING THE NUTRITIONAL PROFILE OF PRODUCTS

Casino Group's food banners have worked hard to improve the nutritional profile of their products. Since 2008, products have been improved according to the National Nutrition and Health Programme guidelines to mainly reduce the salt and sugar content. Product specifications include these requirements.

Reduction of salt content

Excessive consumption of salt (over 5g/day for an adult) causes higher risks of developing hypertension and heart disease⁴.

Reduction of the salt content in private-label products is a priority for Casino Group which has been working towards this goal for several years using various levers.

Developing product ranges with no added salt or with low salt content



Product ranges with a reduced salt content have been developed, especially on hams and salted nuts and seeds (cashew nuts, peanuts, etc.).



The Casino brand has launched several innovations since 2019, including 2 references of shrimps and 2 references of oysters with 25% less salt (compared to equivalent products on the market) and the first «Océane» fish soup with 50% less salt.

4. <https://www.mangerbouger.fr/Les-recommandations/Reduire/Les-produits-sales-et-le-sel>
<https://www.who.int/fr/news-room/fact-sheets/detail/salt-reduction>

Reworking of products to reduce their salt content

Since 2020, Casino Group has been committed to reducing salt in its own-brand products in order to help achieve the reduction targets set by the World Health Organization and the French National Nutrition and Health Plan.

In 2021, it set up a «Club R&D sel industriels» with industrial partners whose products contribute the most in salt, to exchange on R&D best practices reduction with experts.

Since 2021, the salt content of over 300 products has been optimized.

Reduction of sugar content

Excessive consumption of sugar may cause excess weight, obesity, diabetes and encourage heart disease⁵. The Group's banners are developing and reworking food products in order to reduce their sugar content.

Development of products with no added sugar or with low sugar content



Our brands offer products low in sugar or with no added sugar

Reworking of products to reduce their sugar content



In 2019, the range of Doodingues sweets was reworked to feature sweets with 30% less sugar and with no added sweeteners.

5. <https://www.mangerbouger.fr/Les-recommandations/Reduire/Les-boissons-sucrees-les-aliments-gras-sucrees-sales-et-ultra-transformes>

Reduction of fats

Excessive consumption of foods high in fat and fatty acid in particular, causes higher risks of developing heart disease and higher blood cholesterol levels⁶.

To contribute to the reduction of fat intake, the Group's banners offer products that are low in fat or reworked to reduce the content of saturated fatty acids.

Substituting oils rich in saturated fatty acids for oils with a better nutritional profile



For example, the recipe for Casino and Monoprix brands profiteroles was reworked: the saturated fatty acid content was reduced by 81% by replacing coconut oil with sunflower oil. Its Nutri-Score was improved from D to C.

The Franprix brand speculoos tiramisu was reworked with a reduction in fatty acid content of more than 50%.

Reduction in fat content



The Group also offers low-fat products such as crisps.

6. <https://www.mangerbouger.fr/Les-recommandations/Reduire/Les-boissons-sucrees-les-aliments-gras-sucre-sales-et-ultra-transformes>

Integration of fibre

Fibre contributes to the prevention of obesity, diabetes and cholesterol.

The dietary fibre intake in the French population is currently insufficient⁷.



In order to contribute to the intake of dietary fibre, the Group's banners offer ranges of whole wheat-based products.



Whole wheat (28%) was also integrated into the Doodingues brand of cereals for children.



Franprix has developed aperitif products containing 75% vegetables and rich in fibre.

⁷ <https://www.mangerbouger.fr/Les-recommandations/Aller-vers/Les-feculents-complets>

BANNING CONTROVERSIAL SUBSTANCES

Going beyond the current regulations, Casino Group is committed to banning a certain number of substances, said to be controversial, due to societal debates on their potential or supposed impacts on health or the environment.

Additives

For many years, the Group's policy has been to limit as much as possible the presence of additives in its private-label products. When, for technological or health reasons, it is not possible to avoid additives, the quantity must be kept to a minimum for the desired effect.

Titanium dioxide

Titanium dioxide nanoparticles may be integrated into the composition of certain food products and cosmetics. It helps to optimise the white aspect of products and prevent oxygenation which would fade their colour. For example, it can be used in the coating of sweets, toothpaste or chewing gums to give them a vivid white colour.

Since 2019, titanium dioxide has no longer been used in the Group's own-brand food products, long before its legal ban⁸. Titanium dioxide was identified as controversial before it was legally banned in France, and the Group's banners have undertaken to reformulate their products.



In France, the Group has a set of common commitments for its own-brand food products, aimed at eliminating or reducing authorized but controversial additives, ingredients and other substances. It currently includes 85 substances that the Group has already eliminated from its ranges, or intends to do so in the future. This base will evolve in line with scientific data, social expectations and market trends.

8. Decree of the 17th of April 2019 on the suspension of the marketing of products containing the E171 titanium dioxide additive, implemented on the 1st of January 2020.

BHA, BHT

BHA and BHT are synthetic antioxidants used as food preservatives.

These substances are considered to be harmful to human health as well as presenting risks of cancer and hormonal disruption.

Ingredients

Glucose-fructose syrup

This syrup, derived from corn starch hydrolysis, is composed of fructose and glucose. It is used to sweeten food products, enhance their taste and improve their preservation.

However, despite containing the same amount of calories, fructose and glucose are not metabolised in the same way. As it is not regulated by insulin, fructose causes an increase in lipids and cholesterol in the blood, inducing higher risks of obesity and type 2 diabetes.

Ionised ingredients

Ionised ingredients are ingredients that have been exposed to ionising radiation (electromagnetic radiation that create ions) to improve their preservation (reduction of the number of microorganisms, prevention of germination, elimination of insects, etc.).

This technique impoverishes the vitamin and nutrient content of the ingredient.

From 1997, the Group committed to ensuring that its private-label products marketed by its banners in France (Casino, Monoprix, Franprix) are free from Genetically Modified Organisms.

9. BHA : Butylhydroxyanisol - BHT: Butylhydroxytoluène



These two preservatives were banned from private-label products and no product contains these additives since 2019.

Since 2019, there is no glucose-fructose syrup in the private-label food products.

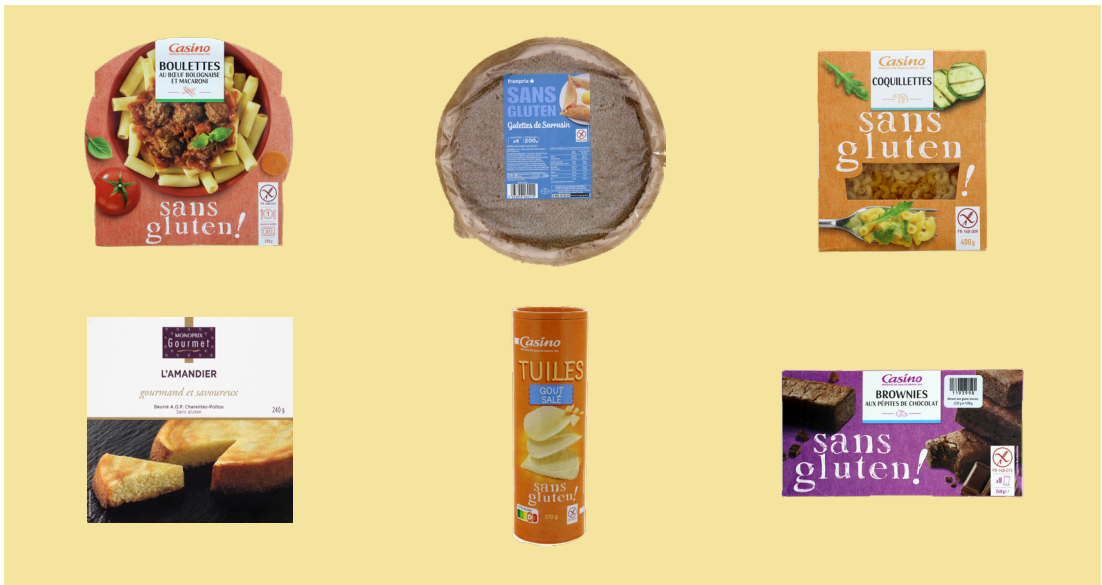
The Group does not allow ionised ingredients in its private-label food products.

DEVELOPING RANGES OF SPECIFIC PRODUCTS

Casino Group offers multiple product ranges to meet the specific nutritional needs of some of its consumers.

Gluten-free

The Group's banners offer products that are suitable for people suffering from gluten intolerance.



Sugar-free

The Casino brand has developed a range of sugar-free biscuits in partnership with the French Federation of Diabetics. These biscuits, with their specific product specifications, respond to the needs of people who wish to reduce their consumption of sugar, or at least not increase it.



Tailored for the nutritional needs of babies and children

Sensitive populations such as infants and children require a diet adapted to their specific nutritional needs. Casino Group's banners have thus developed specific product ranges for these populations. These ranges are designed with particular attention to composition, limiting the use of additives as much as possible.



The Casino brand has developed a range of products adapted to infants and young children.

Since 2017, this product range is fully available in its organic version.



Monoprix also has a special range of organic products.

DOODINGUES : a specific product range for children from 4 to 10 years old

The Casino brand offers products aimed at children from 4 to 10 years old, with a range of portions and a composition adapted to their nutritional needs. These products comply with strict specification and are guaranteed to be free of artificial colouring, sweeteners and flavour enhancers.



DEVELOPING ORGANIC PRODUCTS

The guidelines issued by the French National Nutrition and Health Programme recommend increasing the consumption of organic products. Thus, the Group's food banners are developing and promoting innovative agricultural initiatives which are respectful of the environment, producers and consumers' health.



Every banner deploys a wide range of certified organic products through the following private labels: Franprix Bio, Casino Bio, Monoprix Bio and Monoprix Bio Origines as well as all the organic products on sale in the Naturalia stores.

In 2022, Casino Group markets more than 2,500 private-label organic products in France.



SUPPORTING THE TRANSITION TOWARD A MORE PLANT-BASED DIET

The guidelines of the French National Nutrition and Health Programme encourage limiting red meat consumption and increasing the share of pulses and whole grains cereals in one's diet. Moreover, the Eat-Lancet report in 2019¹⁰, defines a planetary health plate that should contain predominantly plant-based foods and (possibly) animal protein in moderate amounts.



**Planetary Health Plate
according to the Eat-Lancet report, Food Planet Health,
2019**

¹⁰. https://eatforum.org/content/uploads/2019/01/Report_Summary_French.pdf



The Group's banners offer a range of private-label and national leguminous products. They also include concepts for dried vegetables, pulses, cereals as well as a wide range of fruits and vegetables in bulk.

In order to offer alternatives to meat to their customers, the banners have developed specific product ranges that provide a source of plant-based proteins.



THE V-LABEL



Casino's and Franprix's veggie products are V-Label certified, a certification based on product specifications adapted to vegan and vegetarian products. It ensures that the products bearing this label do not contain animal flesh, nor eggs from caged hens for the vegetarian version and no products of animal origin for the vegan version.



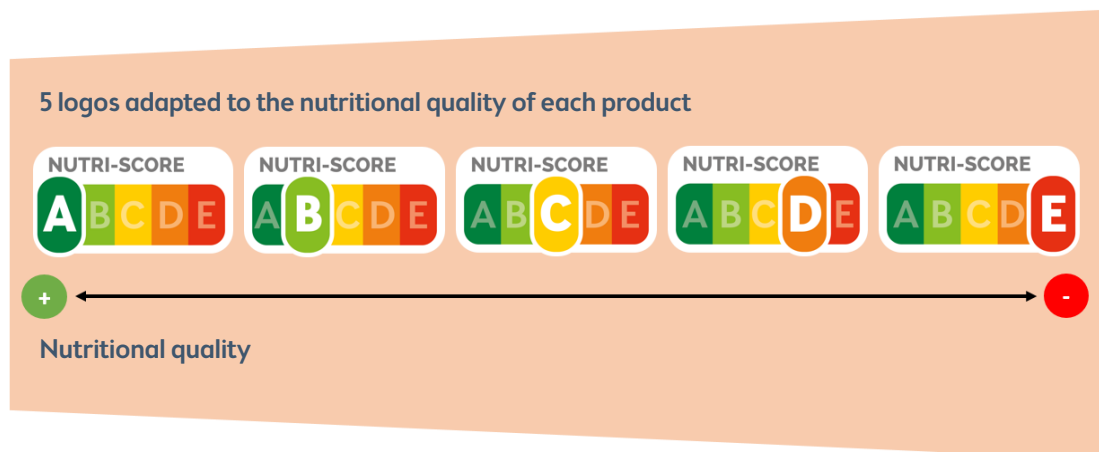
Moreover, Casino Group offers, within its food banners, a wide range of national brand products derived from vegetal proteins.

BETTER CONSUMER INFORMATION

Casino Group ensures that its customers have clear, reliable and robust information on the nutritional quality of the private-label products it markets. Thus, for many years, the Group has displayed nutritional information on its products. It makes this information available on its mobile apps such as Casino Max, Bibi de Franprix or Monoprix et moi.

Nutri-score

Since the end of 2022, the Casino brand has been displaying the Nutri-Score on all its own-brand products, 60% of which are rated A, B or C. Casino has also committed to developing only products rated A, B or C on the Nutriscore in its Les Doodingues children's range. The Franprix and Monoprix brands have also decided to use the Nutri-Score on their own brands.



The Nutri-Score is a logo that provides information on the nutritional quality of a product, by positioning it on a scale with 5 levels associating each letter to a colour: from A to E, from the best nutritional quality product to the lowest nutritional quality product.



It is progressively appearing on packaging and e-commerce websites by companies that are committed to using it.

It facilitates the understanding of the nutritional values table (energy, fats, carbohydrates, proteins, etc.) which is often difficult to interpret for consumers.

ALLERGOBOX

Casino is also the first retailer to use allergobox.com, the web platform dedicated to allergic or food-intolerant people.

More than 4,600 Casino food products are listed in the database so that consumers can find out if these products are compatible with their dietary restrictions.



Communication at points of sale

Since 2018, September, the back-to-school month, is an opportunity for Casino Group's banners to communicate on the theme of nutrition thanks to leaflets distributed in stores, with Point-of-Sale advertising (PSD) and on the banners' websites.

The goal of this event, called "360° Trade Nutrition" is to link products available in stores with short and impactful messages directed to consumers and more specifically, suggestions for well-balanced meals, supported by nutritionist.



RAISING EMPLOYEES AWARENESS ON NUTRITION

Continuing nutrition training

Since 2018, Casino Group has rolled out a digital nutrition training course.

Hundreds of employees have already participated in this 30-minutes training course which teaches what nutrients and additives are, for example, or get a clear understanding of the PNNS guidelines.

Awareness campaigns on nutrition

Casino Group organises every year several conferences or consultations on health and nutrition open to all headquarters' employees.

Organisation of conferences with health experts

The Health Committee, which advises Casino on major issues linked to health and nutrition, organises a conference meant for employees once a year.

For example, a conference on the benefits of the Cretan diet to prevent heart disease was organised by the occupational health department.

Consultations on the theme of nutrition

Casino Group organises with IPAL, the occupational health service, consultations with dieticians or nutritionists who offer employees ideas of dietary readjustments, menus and adapted recipes.

Diabetes awareness day

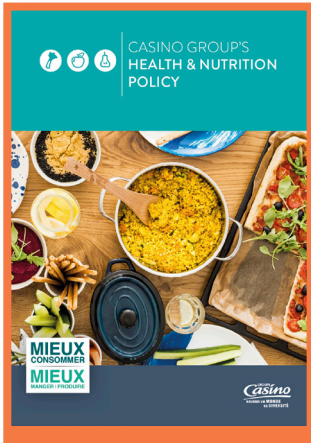
Casino Group organises with the French Federation of Diabetes (FFD), diabetes awareness days since 2017. These days allow employees to interact with members of the FFD and to evaluate their predisposition to diabetes.

Activities in company canteen

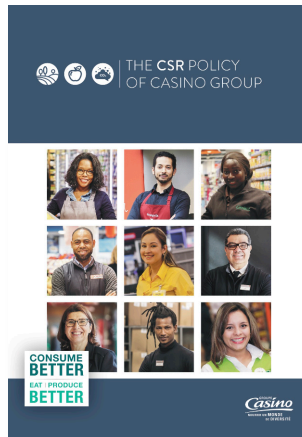
Actions are also organised in the employee' communal dining areas.

For example, a dietician works for Casino Group to compose the different menus for the different sites. Different events are organised from time to time (Cretan diet, nutrition week, taste week). Salad and fruit bars are available to employees and steamed fish or vegetarian dishes are on offer every day.

NOS POLITIQUES



Casino Group's Health & Nutrition policy



CSR policy of Casino Group



Casino Group's policy to reduce the environmental impact of packaging



Animal welfare policy of Casino Group



Climate, biodiversity and environment policy of Casino Group



Fisheries and aquaculture policy of Casino Group



Gender equality in the workplace



Casino Group's commitments to promoting Diversity



Universal Registration Document 2022



Duty of care plan 2022



Supplier ethics charter



GPA Annual Report 2022



Éxito Sustainability Report 2022

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Casino group CSR department - July 2025

